

Task Categories

Household Management:

Housekeeping

- Dusting
- Sweeping (Broom/Vacuum)
- Cleaning Bathroom
- Making Bed
- Light Housekeeping

Laundry

- Sorting
- Washing clothes
- Drying clothes
- Hanging up clothes
- Operating coin Machine

Meal Prep/Cooking

- Following a recipe
- Measuring
- Mixing/stirring
- Setting a table
- Menu Planning
- Making snacks/simple foods
- Using microwave
- Using stove/oven
- Understanding nutrition

Shopping Grocery/Personal

- Making a list of items needed
- Understanding bargain shopping
- Identifying locations to shop

Self-Directions/PCA Management

- Able to define self-direction
- List responsibilities of self-direction
- Creating schedule
- Enforcing Schedule
- Training of PCA

Transportation

- Accessing public (Bus/Taxi)
- Accessing private (Van/Car)
- Understanding public transportation schedule
- Maintaining private vehicle (gas/tires/oil)

Money Management

- Recognizing money
- Counting money
- Making change
- Listing monthly bills
- Making budget

Self Care:

Mealtime

- Eating independently
- Ability to use utensils

Hygiene

- Using the restroom
- Adjusting water temperature
- Taking bath/shower
- Washing hair
- Shaving
- Brushing teeth
- Cutting nails
- Completing other personal hygiene tasks
- Identifying/Purchasing personal hygiene items

Dressing

- Putting on clothes
- Putting on and taking off shoes
- Wearing appropriate clothes

Medication

- Able to recognize name
- Able to recognize by sight
- Knowing what prescribed for
- Knowing appropriate time to take medications
- Remembering when last dose was taken

Safety Management (independently or in community):

Preparedness:

Recognizing an emergency
Determining type of emergency
Knowing how to access help
Relaying appropriate information
Following instructions
Knowing how to administer First Aid
Identifying danger relating to Fire
Identifying danger relating to Poison
Identifying danger relating to Tornado
Identifying Stranger Danger

Personal Abilities:

Mobility/Transfers

Walking independently
Walking with assistance
Independent in wheelchair
Able to stand
Transferring independently
Wheelchair is electric or manual
Climbing stairs

Personal Knowledge

Knowing personal identifiable information (i.e., phone number, address, name, etc.)

Personal Adjustment

Handling stress
Developing coping skills
Identifying support network
Knowing personal limitations

Other:

Employment:

Accessing resources to find employment

Accessing resources for resume and job interview

Preparing for workforce

Preparing for job interview

Creating resume

Completing job interview

Continued Employment:

Arriving to work on time

Knowing work schedule

Understanding appropriate work attire

Understanding work expectations

Knowing sick/vacation policy and process

Knowing supervisor contact information

Education:

Accessing resources to find education opportunities

Enrolling in educational courses (on campus/online)

Completing assignments

Accessing tutor/homework help

Community Integration:

Identifying locations within the city

Accessing community resources and services

Social Awareness

Self-regulating emotions

Identifying appropriate social behaviors

Managing relationships with others

Identifying options for socialization

Creating list of activities for socialization

Communication Skills

Responding to sensory stimulation

Engaging in conversation with others

Understanding verbal/nonverbal cues

Please Note:

- HCBS-TBI consumers will not be responsible for demonstrating progress or skills in all tasks listed above
- Consumers on the HCBS-TBI program who have not demonstrated rehabilitative progress in two or more tasks may be considered to have plateaued. If rehabilitative progress is not demonstrated, the consumer and MCO should reevaluate and update rehabilitation goals. Continued failure to demonstrate rehabilitative progress may result in a request for review of the consumer's continued eligibility for the TBI program.

- Consumers will be responsible for focusing on tasks that are necessary to ensure the consumer can regain the functional skills necessary to live in the community in a safe and healthy environment.
- The tasks listed above can be simplified if the consumer has experienced a significant TBI that has significantly impaired the consumer ability to complete the tasks listed. In these circumstances, the MCO will work with the provider and KDADS to ensure that the improvised tasks are appropriate and necessary.
- The tasks selected will reflect the abilities of the consumer and should progress as the consumer makes rehabilitative progress.

DRAFT